



Safety Policy

Last Updated: 02/07/20

Statement of General Policy:

As stated in our Code of Conduct, Cambridge University Women's Basketball Club (CUWBbC) is strongly committed to encouraging our members to take part, whilst seeking to ensure that the health, well-being and safety of each individual is managed effectively and that the safety of all external parties is considered and managed. We ensure levels of training that are attainable for our members' age and ability, and expect players to participate within these boundaries.

Safety Responsibilities and Arrangements:

All members of CUWBbC have an individual responsibility to facilitate a safe environment through their own actions, and to help promote a club culture that upholds the safety policy. All CUWBbC members have the following responsibilities:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- Ensure coaches are informed medical information, and kept up to date on any changes in emergency contact details

Alongside individual responsibilities upheld by all club members, specific officers on the committee have additional responsibilities to uphold the safety policy. These are the following:

| Responsibility | Officer(s) Responsible | Specific Safety Arrangements |
|---|-----------------------------------|--|
| General oversight of club safety management | Welfare and Safety Officer | <p>Conduct regular, recorded risk assessment of club premises and all activities undertaken by the club.</p> <p>Create a safe environment by implementing health and safety measures as identified by the assessment.</p> <p>Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness (minimum once per year at the AGM).</p> |
| Clear communication with club members on safety matters | Welfare and Safety Officer | <p>Ensure all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.</p> <p>Ensure all members are aware of, understand and follow the club's health and safety policy.</p> <p>Ensure that club members are able to raise safety concerns.</p> <p>Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.</p> |
| Effective continuous management of safety arrangements | Club President | <p>Organise and oversee the appointment a competent club member to assist with health and safety responsibilities.</p> <p>Review safety procedures, arrangements and information at committee meetings.</p> |
| Provide appropriate mitigation control measures for injuries | Team Captains | <p>Provide access to adequate first aid facilities, telephone and qualified first aider at all times.</p> <p>Report any injuries or accidents sustained during any club activity or incidents that may have led to injury/ill health whilst on the club premises to the Sports Service and investigate when necessary.</p> |

| | | |
|--------------------------------------|---|--|
| Ensure that Equipment is safe | Club President Team Captains | Maintain equipment inventory. Ensure that statutory equipment inspections are carried out, and that pre-use inspections are carried out and recorded at least quarterly. Ensure that all damaged equipment is marked and or quarantined and disposed of as soon as possible. |
|--------------------------------------|---|--|